

## Dickinson ISD Physical Paperwork

Parents,

Dickinson ISD has moved to a “paperless” physical packet for all documents but the medical history and physical forms. This will help ensure accuracy in information as well as allowing parents to update information quickly and easily.

Using a computer, tablet or mobile device, please log onto [www.rankone.com](http://www.rankone.com) to begin this process. You will select the top “highlighted” Red option “Parents Click Here” to begin, and follow the prompts from there to fill out the Online Forms. You will need to fill out two separate forms on this portal;

1. Gator Informed Consent and
2. UIL Signature Page

If you do not have access to one of these methods to fill out the paperwork, please let us know and we will be happy to help you with an alternative.

You can also access the forms at this QR code:



You will be asked to provide information such as phone numbers, email addresses, and other pertinent information. Please make sure this information is accurate and up to date as this information will be used in case of an emergency.

You will need to take the UIL Medical History and Physical forms to a Doctor of choice for your child’s physical. There are two options for turning this paperwork in for clearance. You may either turn the completed hard-copies into the Athletic Training Room at your child’s school **or** upload the two completed forms to Rank One. Please follow the prompts on the parent portal to complete this method of turning in the paperwork.

**To be eligible for the 2025-2026 school year, physicals must be dated April 1, 2026 or after. No forms may be accepted dated before April 1, 2026.**

Should you have questions about these changes, please do not hesitate to call the Dickinson High School Athletic Training Room at 281-229-6583 or email us per below:

DISD Head Athletic Trainer - John Harmon – [jharmon@dickinsonisd.org](mailto:jharmon@dickinsonisd.org)  
DHS Assistant Head Athletic Trainer - Katy Alvarez – [kalvarez@dickinsonisd.org](mailto:kalvarez@dickinsonisd.org)  
DHS Assistant Athletic Trainer - Yazmin Lara – [ylara@dickinsonisd.org](mailto:ylara@dickinsonisd.org)  
DJHS Athletic Trainer – Rachel Salazar – [rsalazar1@dickinsonisd.org](mailto:rsalazar1@dickinsonisd.org)  
KJHS Athletic Trainer – Michael Foulds – [mfoulds@dickinsonisd.org](mailto:mfoulds@dickinsonisd.org)  
MJHS Athletic Trainer – Mia Pelton – [mpelton@dickinsonisd.org](mailto:mpelton@dickinsonisd.org)

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